

Questions to ask yourself...



- **Do you think you might be drinking or using drugs too much?**
- **Do you feel guilty about your drinking or drug use?**
- **Are people complaining about your drinking or use of drugs?**
- **Do you drink or use drugs in the morning to get rid of a hangover, or to calm your nerves?**
- **Is your drinking or drug use affecting your life or the lives of your children?**

If you answered YES to ANY of these questions, then the Substance Abuse Initiative (SAI) may be for you!

**Work First New Jersey
Can work for you!**

Substance Abuse
Initiative
Work First
New Jersey

For more information:

Contact your County or Local Welfare Office



NATIONAL COUNCIL FOR ALCOHOLISM AND DRUG DEPENDENCE - NJ

www.ncaddnj.org

Substance Abuse Initiative



Work First
New Jersey

In Partnership with the
New Jersey Department of Human Services

What is the Substance Abuse Initiative (SAI)?

SAI is a FREE service that is provided through **Work First NJ (WFNJ)** to help you get treatment for your drinking or drug abuse problem.

Who can get Treatment?

WFNJ recipients who are required to participate in a work activity are eligible for SAI treatment services. Pregnant women who are WFNJ recipients are also eligible.

How will I get Treatment?

While you are in the SAI program, WFNJ will provide the same support services (such as transportation and child care) that you receive in order for you to meet your work requirements.

Who will care for my kids during Treatment?

You may not have to receive treatment in a residential facility. Many SAI participants attend outpatient treatment programs while they live with their families.

If you have been sanctioned for not complying with a WFNJ work activity, and are suspected of having a substance abuse problem, you will be required to be assessed by a SAI Care Coordinator.

If it is determined that you do have a substance abuse problem, getting treatment will be your mandatory “work activity.” This means that you can get your sanction lifted by attending a treatment program through the SAI.



How do I join the Work First NJ Substance Abuse Initiative?

IT'S EASY...

All you have to do is ask your caseworker about the Substance Abuse Initiative.

THEN WHAT?

Your case worker will set up a meeting with a Professional Care Coordinator at a County Welfare Office. During the meeting, the coordinator will tell you if SAI can help you.

The information you share about your drinking or drug use will remain strictly confidential!

You can only stay on welfare for 60 months for your lifetime. Dealing with substance abuse problems NOW can help you get and keep a job!

One last Thing...

If you are not sure whether you have a drinking or drug abuse problem, but a small part of you thinks you might, ask your caseworker for a referral so you can **speak with a Care Coordinator about the Substance Abuse Initiative.**



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